



Department of Psychology  
St. Francis Degree College for Women

6-3-1218/6/3, Street No. 6,  
Uma Nagar, Begumpet  
Begumpet  
Hyderabad - 500016  
Andhra Pradesh

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**Certificate Course in Psychology**

**Draft Outline**

**Introduction**

This is a 30 hour foundation course in Psychology, designed to give participants an understanding of what Psychology is, how it is applied in everyday life, its theoretical base and current research. The modules are designed to be up-to-date (focusing on cutting edge theoretical trends and research) and focus on application. It will be particularly useful for those who wish to take up a course in counselling and do not have a Psychological background, for those in professions that are people oriented or simply for those who are interested in or are curious about Psychology and want to gain a deeper understanding of its core themes and perspectives.

**Overview**

This course covers core modules in Psychology. Besides an Introduction to Psychology and Psychological Theories, it includes modules on Bio-Psychology, Cognition, Social Psychology, Developmental Psychology and Individual Differences. Owing to the intensive nature of the course, students will be expected to put aside hours for self-study in order to do prescribed reading and coursework over and above the 30 hours of taught classes. Classes are proposed to be held twice a week, on Wednesdays and Fridays from 3:30 pm – 5:30 pm and will commence in ..... 2009.

**Assessment**

Assessment is by a written examination at the end of the course and by practical reports and essays. Candidates are expected to achieve a standard of at least a pass degree in the exams and assignments, and an overall average of 50%.



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**Draft Outline**

Unit	Name	Hours
1	Introduction to Psychology <ul style="list-style-type: none"><li>• Definition</li><li>• Scope</li><li>• Perspectives</li><li>• Methods</li></ul>	4
2	Biological basis of Psychology <ul style="list-style-type: none"><li>• The Nervous System</li><li>• The Endocrine System</li><li>• The Effect of Drugs</li><li>• Consciousness</li><li>• The Sleep Cycle</li><li>• Dreaming</li><li>• Emotion</li><li>• Motivation</li></ul>	5



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	<ul style="list-style-type: none"> <li>• Stress</li> </ul>	
3	Cognitive Psychology <ul style="list-style-type: none"> <li>• Attention</li> <li>• Learning, remembering and thinking</li> <li>• Perception and Consciousness</li> <li>• Motivation and Emotion</li> </ul>	4
4	Social Cognition <ul style="list-style-type: none"> <li>• Interpersonal Perception</li> <li>• Attribution</li> <li>• The Social Self</li> <li>• Attitudes</li> <li>• Prejudice</li> </ul>	2
5	Social Interaction <ul style="list-style-type: none"> <li>• Affiliation and Interpersonal Attraction</li> <li>• Audience and co-action effects</li> <li>• Conformity and disobedience</li> </ul>	2



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	<ul style="list-style-type: none"> <li>• Leadership</li> <li>• Prosocial Behaviour</li> <li>• Aggression</li> </ul>	
6	Developmental Psychology <ul style="list-style-type: none"> <li>• Sociability and Attachment</li> <li>• Cognitive Development</li> <li>• Play</li> <li>• Language Acquisition</li> <li>• Moral Development</li> <li>• Gender Roles</li> <li>• Self and self-esteem</li> <li>• Adolescent</li> <li>• Life Events</li> <li>• Late Adulthood</li> </ul>	4
7	Individual Differences <ul style="list-style-type: none"> <li>• Intelligence</li> <li>• Personality</li> </ul>	4
8	Abnormal Psychology <ul style="list-style-type: none"> <li>• Definition</li> </ul>	3



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	<ul style="list-style-type: none"><li>• Models</li><li>• Classification</li><li>• Disorders</li><li>• Treatments and Therapies</li></ul>	
<b>9</b>	Debates in Psychology	<b>1</b>
<b>10</b>	Exam	<b>1</b>